

North Miami Arts Collective Star Instructor

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Ana Bolt in Dance Now! Ensemble

Image by Jenny Abreu

Instructor and performer, Ana Bolt, teaches an intermediate/advanced adult contemporary class on Mondays from 6:45pm-8:00 pm. This adult contemporary dance class is just as good as any other dance class such as Millennium Dance Complex & Edge Performing Arts Center in Los Angeles.

Most South Florida dance studios focus on competition and the fluff of dance. At NOMAC, movement and perfecting your dance skills is the main concentration. It's a workout! She helps strengthen your muscles and prevent injury. Not to worry if one is not a consistent dancer. There are all types/ages of students in the class. Take note: the space is small, however, Ana does a wonderful job in having the students use their dance space. There are times she goes over her scheduled time and doesn't even charge you extra! It's a real treat during these tough economic times.

Ms. Bolt had been teaching for 20 years and is the Artistic Director for Expressions Arts Program. She has been awarded the title of teacher of the year for Nautilus Middle School, 2007-2008. As a dance educator, she has helped many students prepare for auditions, attend New World School of the Arts and Julliard. She is also a guest artist with the Dance Now! Ensemble. The modern kids dance class is right before the adult class from 5:45 pm-6:45 pm.

In front of the dance studio, a small dance studio is located. It's called The Dancewear Gallery. For dance classes and dance shopping, please visit 845 NE 125th St., North Miami, FL 33161 or (786) 238-1264. Classes are ongoing.

<http://www.examiner.com/x-8154-Miami-Dance-Examiner~y2009m12d28-Start-2010-with-North-Miami-Arts-Collective>